

Adhyathma Vidhyapeeth (AVP)

Carmelaram PO, Bangalore - 35

Courses offered during the academic year 2026–2027

BIBLICAL COURSES

No.	Courses / Programmes
1	Call Narratives
2	A Journey into the Hearts of the Mass
3	Christo-Centric Reading of the Old Testament
4	Be Like Me – Discipleship in Matthew & Mark
5	Abide in Me – Discipleship in St. John
6	Follow Me – Discipleship in Luke & Acts
7	Spirituality of the Psalms
8	Pauline Spirituality
9	Prophetic Spirituality

SPIRITUALITY COURSES ON CONSECRATED LIFE

No.	Courses / Programmes
1	History of Consecrated Life
2	Spirituality of Reconciliation
3	Schools of Spirituality
4	Mary, the Model of Consecrated Life par Excellence
5	Guided by the Holy Spirit
6	The Missionary Heart of Religious Life
7	Canonical Nature of Consecrated Life
8	Canon Law and Consecrated Life
9	Vows as Evangelical Counsels
10	Little Way Spirituality of St. Therese
11	Spiritual Direction and Community Life
12	Religious Leadership
13	Indian Spirituality
14	Mysticism and St. John of the Cross
15	Aging Gracefully

FORMATION AND SPIRITUAL COUNSELLING COURSES

No.	Courses / Programmes
1	Liturgy and Prayer
2	Handling Emotions
3	Mental Health and Self-Care
4	Media in Ministry
5	NLP
6	Inner Child Healing / Psycho-Sexual Integration
7	Bioethics

SEMINARS, SPECIAL PROGRAMMES AND EVENTS

No.	Courses / Programmes
1	Seminar – Methodology
2	English Phonetics
3	French Language
4	Basic Biblical Greek
5	Italian
5	English Grammar and Spoken English
6	Social Commitments of Religious life
7	AVP Day – Preparations & Celebration
8	X-Mas Holidays
9	Computer And Typing Skills
10	Copying skills
11	Theatrical presentation of religious life today
12	Training in Liturgical and instrumental music.
13	Introduction to hard skills-electrical, cooking, farming
14	Introduction to hard skills-electrical, cooking, farming